



Slow Cooker Beef & Carrots

Boneless beef chuck roast

Carrots

Extra virgin olive oil

Red wine vinegar

Seasonings

1. Thaw.
2. Add to slow cooker.
3. Cook on “low” setting for 8 hours.
4. Shred beef and serve with carrots and rice.

Use by:



Slow Cooker BBQ Baby Back Ribs

Baby back ribs

Ketchup

Light brown sugar

Worcestershire sauce

Seasonings

1. Thaw.
2. Add to slow cooker and cook 8 hours.
3. Move ribs to foil-lined baking pan.
4. Bake for 15min at 350F.
5. Serve with corn on the cob.

Use by:



Slow Cooker Beef Barley Stew

Boneless beef chuck roast

Carrots

Celery

Onions

Barley

Bay leaf

Seasonings

1. Thaw.
2. Add to slow cooker with 8 cups beef broth.
3. Cook on “low” setting for 8 hours.
4. Remove bay leaf.
5. Serve with bread.

Use by:



Slow Cooker Beef Chili

Lean ground beef

Onions

Kidney beans

Tomato sauce

Diced tomatoes

Garlic

Light brown sugar

Seasonings

1. Thaw.
2. Add to slow cooker with 1 cup of water (or beer).
3. Cook on “low” setting for 8 hours.
4. Break apart beef and serve with cheese & chips.

Use by:



Slow Cooker Cranberry Pork Roast

Bone-in pork shoulder
Cranberry sauce
Honey
Dried minced onion

1. Thaw.
2. Add to slow cooker.
3. Cook on “low” setting for 8 hours.
4. Remove bones and shred meat.
5. Serve with green beans and stuffing.

Use by:



Slow Cooker Italian Wedding Soup

Meatballs
Onions
Carrots
Escarole
Worcestershire sauce
Seasonings

1. Thaw.
2. Add to slow cooker with 8 cups chicken broth.
3. Cook on “low” setting for 8 hours.
4. Add 1/2 cup pasta and cook 30 min on “high.”
5. Serve with bread.

Use by:



Slow Cooker Meatball Vegetable Soup

Meatballs
Pasta sauce
Carrots
Green beans
Zucchini
Onions

1. Thaw.
2. Add to slow cooker with 4 cups chicken broth.
3. Cook on “low” for 8 hrs.
4. Serve with bread.

Use by:



Slow Cooker Sweet 'n Sour BBQ Meatballs

Meatballs
Onions
Bell peppers
Pineapple
BBQ sauce

1. Thaw.
2. Add to slow cooker.
3. Cook on “low” setting for 8 hours.
4. Serve with rice.

Use by:



Slow Cooker Mexican Chili

Lean ground beef
Onions
Bell peppers
Frozen corn
Black beans
Tomato sauce
Taco seasoning

1. Thaw.
2. Add to slow cooker.
3. Cook on “low” setting for 8 hours.
4. Break apart beef and serve with cheese & chips.

Use by:



Slow Cooker Minestrone Soup

Meatballs
Diced tomatoes
Carrots and green beans
Spinach
Onions
Beans
Honey
Seasonings

1. Thaw.
2. Add to slow cooker with 8 cups chicken broth.
3. Cook on “low” for 8 hrs.
4. Add 1 cup pasta and cook 30 min on “high.”
5. Remove bay leave and serve with bread.

Use by:



Slow Cooker Mississippi Roast

Boneless beef chuck roast
Carrots
Pepperoncini with juice
Ranch dressing mix
Au jus seasoning mix
Unsalted butter

1. Thaw.
2. Add to slow cooker.
3. Cook on “low” setting for 8 hours.
4. Shred beef and serve with carrots and corn muffins.

Use by:



Slow Cooker Pot Roast

Boneless beef chuck roast
Carrots
Potatoes
Onion soup mix

1. Thaw.
2. Add to slow cooker with 1 cups water.
3. Cook on “low” setting for 8 hours.
4. Shred beef and serve with carrots and potatoes.

Use by:



Slow Cooker Sausage Spinach Tomato Soup

Spicy Italian sausage
Pasta sauce
White beans
Spinach
Carrots
Onions

1. Thaw.
2. Add to slow cooker with 4 cups chicken broth.
3. Cook on “low” setting for 8 hours.
4. Break apart sausage and add 1 cup pasta.
5. Cook 30 min on “high.”

Use by:



Slow Cooker Sloppy Joe's

Lean ground beef
Onions
Bell peppers
Tomato sauce
Light brown sugar
Worcestershire sauce
Seasonings

1. Thaw.
2. Add to slow cooker and cook on “low” for 8 hours.
3. Break apart beef and stir.
4. Serve on rolls with a salad.

Use by:

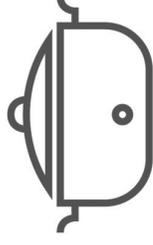


Slow Cooker Stuffed Peppers

Lean ground beef
Onions
Garlic
Bell peppers
Pasta sauce

1. Thaw.
2. Add to slow cooker and cover with sauce.
3. Cook 8 hours on “low.”
4. Serve with rice.

Use by:



Use by: